

# Do Not Faint And Do Not Lose Control



## Background Reading:

Proverbs 24:10; 2 Corinthians 4:1; 16

## Devotional Reading:

Genesis 25:29-30



## Central Verses

“And let us not be weary in well doing: for in due season we shall reap, if we faint not.”  
(Galatians 6:9, KJV)

“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.”  
(Galatians 6:9, NIV)

## Key Terms

**Adversity** - A state or instance of serious or continued difficulty or misfortune.

**Weary** - Exhausted in strength, endurance, vigor, or freshness: having one's patience, tolerance, or pleasure exhausted: bored or annoyed by something because you have seen it, heard it, or done it many times or for a long time.

## Introduction

Jesus told His disciples that men ought to always pray and not to faint. When a person faints that person is in a semi-dead position. It is a place where a person is alive, but not aware of what is going on in his surroundings. He is a person who has no control of his thoughts or his actions. He is a person who is at the mercy of others around him, and has lost his consciousness for a time, because of the lack of oxygen to the brain.

God allowed Israel to escape from Babylon's fall, but He warned them there would be rumors of His coming to destroy them in such a way that they would become afraid. He told Jeremiah to tell them not to allow rumors to cause fear and make them faint. He needed them to be strong and not faint and lose control. God wants believers to stand firm no matter what comes their way.

## Discussion

To not faint believers must have prayer lives. They must watch and pray to keep from falling into temptation. The Word of the Lord tells the believer to believe in the Lord, so he can be established, or focused. When a person is in a fainted condition, he cannot concentrate on anything, and if he is not focused, he's going to lose control.

In the Bible, there is a story of two brothers that had problems even as they came out of their mother's womb. Jacob and Esau were twins, and they were as different as day and night. Esau was a hunter who loved the outdoors, but Jacob was a plain person who loved the inside. Because Esau was the firstborn, he was the one who was entitled to the birthright. The birthright was the inheritance of the firstborn, which consisted of leadership in worship and headship in the family. It entitled him to a double portion of the family's inheritance and the title to the covenant blessings that God had promised to Abraham.

One day Esau was out hunting and came in the house very hungry to the point that he said he was about to faint. He was so weak that he was willing to give up his birthright for something to eat. Jacob had made some pottage. Esau asked for some because he was faint. Jacob bargained with him. He stated he would give it to him in exchange for his birthright. Because Esau was faint, he could not focus correctly, and he could not remember the value of the birthright; being faint caused him to devalue God's blessings and covenant promises. He, like so many believers today, was willing to trade future long-range blessing for a right-now momentary pleasure.

The Word tells the believer that Esau "despised his birthright" (Hebrew 12:16). But Jacob desired spiritual blessings of the future, and from him came the twelve tribes of Israel. Believers must not be like Esau; they must stay sober, not allowing the pleasures of this world to become more important than living a saved and sanctified life so they can spend eternity with Jesus. They must not allow themselves to become complacent in their commitment to a life of prayer lest they become fainthearted and make decisions foolishly. "Lest there be any fornicator or profane person, as Esau, who for one morsel of meat sold his birthright. For ye know that afterward, when he would have inherited the blessing, he was rejected: for he found no place of repentance, though he sought it carefully with tears" (Hebrews 12:16-17).

## Conclusion

Believers the God you serve never faints, neither gets weary. No situation is too hard. He will give that same power to His sons and daughters. He will give strength to those who have no strength. Anyone can become faint and weak if they take part in the devils work. But if they only trust God, and not the desires of their flesh or pleasures of this world, then God promised He would give strength to revive them amid exhaustion and weakness due to suffering and trials. He promised that He would help them rise above their difficulties and allow them to soar like an eagle through the sky. He promised to give them the ability to run spiritually without getting tired. God promised if there is anything that could cause a believer to feel faint, don't worry about it because He will renew their strength. God does not want His children to be helpless and pitiful. He wants them to be able to say yes to His will.

## Questions

1. What are some of the things about fainting that is not good for the believers?
2. What can a believer do to avoid fainting?
3. Why was Esau in a fainted condition?
4. What did he do about his condition?
5. What are some of the promises that God made to those who would feel like fainting?

## Essential Thought

“Men ought always to pray, and not to faint.